

# Holy Cross Catholic Church

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14th Sunday in Ordinary Time (Year B)  
6 / 7 July 2024

Dear parishioner,

Feeling stressed, overwhelmed, or like you're not good enough? St Paul says in this weekend's reading from 2nd book Corinthians 12:9, "**My grace is sufficient for you, for my power is made perfect in weakness.**"

This means even when life gets tough or you mess up, God's love is there to help you. He's stronger than any problem you face and wants to help you overcome it. So if you're dealing with anxiety or going through a tough time, remember that you're not alone. God is always there, ready to lift you up and give you the strength you need.

Trust in Him, talk to Him in prayer, and lean on your friends and family at church. Together, we can face anything! Keep these words close to your heart: "My grace is sufficient for you." **Fr Antony**

## Catholic FAITH [Part 12]

### "I Believe in God the Father Almighty, Creator of Heaven and Earth"

[Please Read Catechism of the Catholic Church 199 to 231]

**Summary:** Our faith begins with the fundamental belief in one God, the Father Almighty, who created everything in existence. This God is not an abstract force but a personal being who has revealed Himself to us through His name, YHWH, meaning "I AM WHO AM." He is the source of all truth, love, and life.

God is not only the Creator of the universe but also a loving Father who cares for His creation. He is merciful, gracious, slow to anger, abounding in steadfast love and faithfulness. This love extends to each one of us, made in His image and likeness.

**Reflection:** Imagine God as a loving parent who is always there for you, no matter what. He knows everything about you, even the things you might be ashamed of, and loves you unconditionally. This is the God we believe in, the God who created the amazing world we live in. We can trust Him completely and turn to Him for guidance and strength.

Questions to Discuss:

What does it mean to you that God is the Creator of everything?

How can we show our love and gratitude to God for His creation and His love?

**Bible Verse to Remember:** **Deuteronomy** 6:4: "Hear, O Israel: The Lord our God, the Lord is one."

## MEMORISE BIBLE VERSES

**Isaiah 41:10:** "Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand."

**Philippians 4:13:** "I can do all things through him who strengthens me."

## Altar Servers' Training

Our parish is blessed with many dedicated altar servers, but we're always eager to welcome new members to this special ministry. If you have received your First Holy Communion, we invite you to join us in serving at the altar.

A training session for all altar servers, both new and experienced, will be held on Sunday, July 13/14<sup>th</sup> following all Masses: **Saturday Vigil Mass: 6:30 PM; Sunday 9:00 AM and 11.30 AM.**

We hope to see you there!

## IV World Day for Grandparents and the Elderly

'Do not cast me off in my old age' (cfr. Psalm 71:9)

Join us as we honour the wisdom and legacy of our cherished grandparents and elders on the **Fourth World Day for Grandparents and the Elderly, Sunday, July 28th, 2024.** This year's theme, "Do not cast me off in my old age," reminds us of the importance of combating loneliness and embracing the valuable contributions our elders make to our families, our parish, and our community.

### Special Mass and Anointing of the Sick

To mark this special occasion, we invite you to a **Mass for the Elderly** on **Saturday, July 27th, 2024, at 3:00 PM.** During this Mass, we will also offer the sacrament of the Anointing of the Sick, a source of strength and healing for those facing illness or advanced age.

### Your Ideas Are Welcome

We are eager to celebrate the lives of our elders in a meaningful way. If you have any suggestions or ideas for activities, events, or initiatives that would honour our grandparents and older parishioners, please share them with us. Your input is invaluable in creating a vibrant and inclusive parish community.

### Mark Your Calendars

We hope you will join us for this special celebration of the World Day for Grandparents and the Elderly. Please save the dates and let us know if you have any questions or suggestions. Together, we can build bridges between generations and ensure that no one feels alone in their journey through life.



## Blue Missal Book - page 747

I confess... : page 453  
Creed(s): pages 458 - 459

Gloria: page 455  
Our Father...485

### Prayer Time at Holy Cross

**Holy Mass: Mon to Thurs - 9.15am; Fri - 7pm;  
Sat - 6.30pm; Sun - 9am & 11.30am**  
**Rosary – Mon, Tue, Thu @ 9.45am;**  
**Divine Mercy Chaplet – Wed @ 9.45am and  
Fri 7.30pm**

**Adoration of the Blessed Sacrament & Confessions: Fri 6.00pm**

### Night Prayer at 9pm

[Zoom]

Meeting ID: 757877461;  
Passcode: 20212021

### First Holy Communion Certificates

Children who received the Sacrament of First Holy Communion this year will be presented with their certificates on July 20/21st 2024, after all weekend Masses. Please ensure your child attends Mass in their First Holy Communion garments to receive their certificate.

### Confirmation Certificate Presentation

Join us for a special 9:00 AM Mass on Sunday, July 14th, 2024, as we celebrate our young parishioners who received the Sacrament of Confirmation this year. All confirmands are invited to attend and receive their certificates during this joyous occasion. We look forward to sharing in this milestone with you and your families!

### 11:30 AM Mass Welcome Ministers' Meeting (This Sunday)

Do you enjoy welcoming others and creating a warm, inviting atmosphere? We invite you to join our 11:30am "Mass Welcome Ministry team"! We're looking for enthusiastic individuals to assist Antoine Kodjo, who leads our sacristy and welcome efforts. If you're interested in serving your community and making a difference, please come to our Welcome Ministers' Meeting after Mass to learn more about how you can help.

### Altar Servers' Trip (29 July - 1 August)

Altar Servers' Trip for youngsters aged 11-16. This annual trip now takes place in the Westminster Diocese Youth Centre in Pinner.

A well organised, fun, educational and prayerful four days for altar servers or teenagers who regularly attend Mass at the weekend.

A great opportunity to experience a packed programme, with faith-based activities plus sport and a visit to Thorpe Park. Cost £189.

For more details contact Fr Stephen Boyle: [dartford@rcaos.org.uk](mailto:dartford@rcaos.org.uk), telephone: 01322 220075.

### THE NEXT IN-PERSON BAPTISM PREPARATION COURSE DATE:

14th Sept 2024 at 10:00am in Hartley Hall

The last course date for the in 2024 is: 23rd November

### MASS TIMES & INTENTIONS - Sat 6 - Fri 12 July

SAT	6:30pm	<i>St Maria Goretti, Virgin and Martyr</i> Maria and Anthony Zammit R.I.P.
SUN	9:00am 11:30am	Kath O'Sullivan - Birthday Thanksgiving Sir Francis Ahiabuike R.I.P.
MON	9:15am	Paul Jones - Wellbeing
TUE	9:15am	<i>St Augustine Zhao Rong, Priest &amp; Companions, Martyrs</i> Roberto Joanes R.I.P.
WED	9:15am	Roberty Joanes R.I.P. (Birthday Anniversary)
THU	9:15am	<i>Saint Benedict, Abbot, Patron of Europe</i> Thierry Christian-Gnanakumar R.I.P.
FRI	6:30pm 7:00pm	<i>St John Jones, Priest and Martyr</i> Confessions and Adoration of the Blessed Sacrament Oghenetega Okor - Birthday Thanksgiving

**Please Pray for the Sick:** Mary Rand, Pat Doyle, Albert Young, Joe Green, Sherine Sukhram, Vivianne Owens, Trish Keaveney, Ivor Lewis, Myra Hannon, Melanie Thomas, Florence Nosegbe, Norma Jones, Colin Maton, Katie Bourner, Aboa Claudine, Titi Balogun, Susan Murphy, Eileen Embury, Kitty Wilkinson, Theresa Butler, Jo Rocca Smith, Ann Whittington, Elfrida Wacholz, Pat Gallagher, Abosede Elizabeth Goba, Leonie Nwawudu, Meesh Gemmell, Elaine Williams, Lydia Joseph, Baby Gwen Williams, Jessica O'Hara, Rachael Pereira Wibberley & Roger Wibberley.

**ADMITTED TO HOSPITAL?** - Contact Lewisham Hospital Catholic Chaplain directly on 07436051067. In an emergency, please say to the staff that you would like to see a Catholic priest.

### HOLY CROSS PARISH - FOOD COLLECTION

The next food collection will be on the first Sunday in July which is Saturday/Sunday 6th/7th July. All food donated will be taken to the Whitefoot and Downham Food Project.

If you are able to donate please bring an item of food to any Mass this weekend, and leave it in the bags at the back of the Church. Non-perishable goods only please. All donations - no matter how small - make a difference to help support those who are struggling.

**Found Items:** If you have lost something in the church, it may be in a box located at the Welcome Corner (near St. Mary's Grotto). Due to the number of items, they will be on display this weekend. If you recognize any of your belongings, please collect them. Unclaimed items will be donated to charity after this weekend. Thank you.

### HOLY CROSS ONLINE NEWSLETTER

Stay informed about the happenings in our parish with our weekly Parish newsletter delivered via email or available online. No matter where you are, you can keep up-to-date with the latest news and events. Please scan this QR code and you will be directed to subscribe to our parish email database. Your email address will be kept anonymous.



**Fundraising Quiz night**, a chance to get quizzical and have some fun. **Thursday the 18<sup>th</sup> July in Hartley Hall, 7 for a 7.30 start.**



Teams of 8 or come and join a team.  
A light super will be served. Cost £8

Please contact Lesley by texting to [07729785843](tel:07729785843) to book your place.



**R.I.P.:** Please pray for the peaceful repose of the soul of Agnes Regis who died recently and whose funeral Mass will be on Tuesday, 16 July 2024 at 11am.  
May she rest in Peace!

### Money Matters - THANK YOU

Main Collection: £617

**2nd Collection This Week for Peter's Pence** – this is a collection uniting bishops and their congregations in support of the Pope's charitable works. This global effort funds the Holy See's mission of mercy and service to the Universal Church. Donations help address material needs of impoverished dioceses, religious institutes, and individuals facing hardship. This includes aid for the poor, children, elderly, marginalized, and victims of disasters. By giving generously to Peter's Pence, you directly support the Pope's commitment to helping those in need worldwide.

**2nd Collection Next Week for Stella Maris** – supporting seafarers worldwide, regardless of nationality or belief.

### PARISH CONTACTS

**Office:** 020 8698 3672 (Tues & Thur from 10:00am)

**Josepha Flahive:** [catford@rcaos.org.uk](mailto:catford@rcaos.org.uk)

**Lisa O'Hara:** [catfordsupport@rcaos.org.uk](mailto:catfordsupport@rcaos.org.uk)

**Holy Cross School:** [Mary Collins: 020 8698 2675]

**Holy Cross Book Shop:** 020 3441 8240

**Safeguarding:** Pat Barber & Lisa O'Hara 07598 524024